

FEBRUARY

3 Year Old Class

Mrs. Puia / Miss Rehrig

Curriculum Theme: Health and Wellness

Week 1: Dental Health

Letter: Pp
Numbers: 6
Shape: Heart



Week 2: Nutrition

Letter: Qq
Number: 6
Shape: Heart
Color: Purple



Week 3: Fitness

Letter: Rr
Number: 6
Shape: Heart

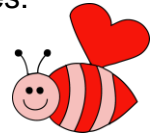
Week 4: Safety

Letter: Ss
Number: 1-6
Shape: Heart
Color: Purple



Important Dates:

2/7 Chapel
2/7 Open House 6:30PM
2/9 Gym
2/14 Valentine's Day Party
2/21 Library
2/23 Teddy Bear Clinic
2/28 Show and Tell (Picture of Favorite Healthy food)



Math Tip

Future math skills start with basic counting and one-to-one correspondence. There are many opportunities throughout the day to practice counting; let your child count the number of apple slices for snack or how many socks come out of the dryer. When they get used to counting on a regular basis, it builds math confidence.



Dear Parents,

We just completed another fun-filled month while learning about arctic animals. The children loved playing in the different animal habitats during free play, which included the arctic, jungle and ocean as well as a frog tent. We classified the arctic animals by land, sea, and air and learned many facts about them. One favorite was that animals use blubber(fat) to keep them warm which we then tested by experimenting with Crisco. There were also many opportunities to play with land animals in sand, ocean animals in water, and arctic animals in ice and water.



As we move into February, our focus will turn to Health and Wellness, the letters P-S, number 5, Purple, and the Heart shape. There will be many fun activities on the way with our Valentine's Day party and Teddy Bear Clinic. We will be playing and learning how to take care of our teeth, eat healthy food, exercise, and live safely.